

Semester 1

Course	Credits	Grade	✓
ENGL 101: Composition & Rhetoric I	3	C	<input type="checkbox"/>
COMM 101: Fundamentals of Speech	3	C	<input type="checkbox"/>
General Education Course (Mathematics Course 100+)	3	C	<input type="checkbox"/>
General Education Course (Natural Science)	3		<input type="checkbox"/>
PED117 Team Sports in Physical Education	3		<input type="checkbox"/>
UNIV 100: CU Foundations	1		<input type="checkbox"/>

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Semester 2

Course	Credits	Grade	✓
ENGL 102: Composition & Rhetoric II	3	C	<input type="checkbox"/>
PED118 Individual Sports in Physical Education	3		<input type="checkbox"/>
EXSS 202 Foundations of Sport	3		<input type="checkbox"/>
General Education Course (Natural Science)	4		<input type="checkbox"/>
General Education Course (Social & Behavioral Science)	3		<input type="checkbox"/>

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Semester 3

Course	Credits	Grade	✓
EDUC 210: Diversity, Culture & Education in Society	3	C	<input type="checkbox"/>
EDUC 210L: Clinical Experience Level I	0		<input type="checkbox"/>
EDSP 303: Introduction to Special Education	3	C	<input type="checkbox"/>
EXSS 201 Functional Anatomy	3		<input type="checkbox"/>
EXSS 329 Motor & Learning Development	2		<input type="checkbox"/>
General Education Course (Fine Arts)	3		<input type="checkbox"/>
General Education Course (Literature)	3		<input type="checkbox"/>

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Semester 4

Course	Credits	Grade	✓
EDUC 301: Educational Technology	3	C	<input type="checkbox"/>
EDUC 305: Psychology of Teaching & Learning	3	C	<input type="checkbox"/>
EDUC 305L: Clinical Experience Level II	0		<input type="checkbox"/>
HED 200 Foundations of Health Education	2		<input type="checkbox"/>
PED 239 Physical Education Pedagogy	3		<input type="checkbox"/>
PED 307 Teaching Sport Skills & Fitness in Education	3		<input type="checkbox"/>
HED 304: Principles of Nutrition & Weight Management	2		<input type="checkbox"/>

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The **Bachelor of Science in Education, Wellness PK-Adult** degree prepares teacher candidates to teach grade 5-PK-adult students. Concord's Teacher Education Program is designed to provide teacher candidates with opportunities to gain the critical knowledge, skills, and dispositions needed to teach all children.



MILESTONE COURSES
Courses marked as Milestone Courses are crucial for staying on track to complete your degree in four years. Take them in the recommended semester to stay on track! If you see a recommended minimum grade, this is the grade you need to earn to have the best chance for success in this degree! Grades marked with an asterisk are required to pass.



LANDMARKS
Points where you see a landmark icon on the four-year plan indicate you have reached a point of action outside regular coursework! See the Helpful Hints for information on each landmark.

Helpful Hints

- Courses below are fall only offerings:
EXSS201 EXSS329 HED306
PED402 PED403
- Courses below are spring only offerings:
EDUC418 EXSS202 EXSS315 HED303
HED400 PED239 PED307
- Semester 3 Landmark—Students should begin taking the Praxis Core exams no later than this semester. Praxis prep course and study material/information available on the CU Department of Education webpage. By the end of this semester, students should obtain an overall GPA of at least 2.50 in order to apply for the Teacher Education Program no later than Semester 4.
- Semester 4 Landmark—Students should apply to the Teacher Education Program no later than this semester. Note—candidates must have a 2.5 GPA to apply. Check out the [application process](#) online!
- Clinical Experiences 1, II & III require 45-hours in a public school. This is outside of course-time.

Semester 5

Course	Credits	Grade		<input type="checkbox"/>
EDUC 306: Classroom Management & Instruction	3	C		<input type="checkbox"/>
EDUC 306L: Clinical Experience Level III*	0			<input type="checkbox"/>
PED 402: Curriculum & Instruction for Elementary PE	3			<input type="checkbox"/>
PED 403 Curriculum & Instruction for Middle & Adolescent PE	3			<input type="checkbox"/>
HED 306 Principles of Human Sexuality	3			<input type="checkbox"/>
General Education Course (Social & Behavioral Science)	3			<input type="checkbox"/>

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Semester 6

Course	Credits	Grade		<input type="checkbox"/>
EDUC 418: Content Area Reading	3	C		<input type="checkbox"/>
HED 400 Methods & Materials in Health Education	3			<input type="checkbox"/>
General Education Course (Social & Behavioral Science)	3			<input type="checkbox"/>
General Education Course (Humanities)	3			<input type="checkbox"/>
EXSS315 Kinesiology & Biomechanics	3			<input type="checkbox"/>
HED 303 Principles of Mental & Emotional Health	2			<input type="checkbox"/>

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Year-Long Residency

Semester 7

Course	Credits	Grade		<input type="checkbox"/>
EDSP 409: Strategies for the Secondary Classroom Inclusive Environment	3	C		<input type="checkbox"/>
EDUC 416: Assessment and the Data Informed Teacher	3	C		<input type="checkbox"/>
EDUC 450: Clinical Experience Level IV	6	C		<input type="checkbox"/>

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Semester 8

Course	Credits	Grade		<input type="checkbox"/>
EDUC 460: Clinical Experience Level V Residency II	12	C		<input type="checkbox"/>

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ADVISING

When you choose to pursue this degree, you will be assigned two advisors: one who is an expert in the field of Physical Education and Health, and one who is an expert in the field of Education. These advisors can help you with course selection, career planning, resume building, and help you with tracking your path to degree completion.

CAREERS

This degree prepares teacher candidates to teach grade PK-Adult students. Graduates of the Teacher Education Program are eligible for licensure in West Virginia, and in other states through reciprocal agreements.

COMPLIMENTARY MINORS

Students who pursue a degree in Wellness 5-Adult may consider a pursuing a minor in Special Education or Health Promotion. Students who receive financial aid should consult with their academic advisor(s) or the financial aid office to ensure financial aid coverage of minor courses.

Helpful Hints

- Semester 6 Landmark—Students should begin taking PLT and Praxis II exams this semester. Both exams must be successfully completed by the end of Semester 7. By the end of this semester, students must obtain all GPAs required for Year-Long Residency admission. Refer to admission requirements on the Department of Education webpage.
- Semesters 7 & 8—Year-Long Residency. The social studies program participates in a year-long residency model. This model enables teacher candidates to spend a year in the same classroom with the same students and cooperating teacher. This model has proven to deepen the professional relationships within the school as well provide teacher candidates with more practical experiences over longer periods of time. Our candidates report feeling more effective and confident during their first year of teaching. During Semester 7 students will be in a school classroom 4 full days per week. During semester 8, students will be in a school classroom 5 days per week.
- EDUC306, EDUC306L, EDUC418 and Year-Long Residency courses require admission to the Teacher Education Program.