

Education—Wellness Education

Grade PK-Adult, Bachelor of Science in Education



Semester 1

Course	Credits	Grade	✓
ENGL 101: Composition & Rhetoric I	3	C	<input type="checkbox"/>
COMM 101: Fundamentals of Speech	3	C	<input type="checkbox"/>
UNIV 100: CU Foundations	1		<input type="checkbox"/>
General Education Course: Natural Science	3-4		<input type="checkbox"/>
Choose Course from List (excluding Literature)	3		<input type="checkbox"/>
Choose Course from List (excluding Literature)	3		<input type="checkbox"/>

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Semester 2

Course	Credits	Grade	✓
ENGL 102: Composition & Rhetoric II	3	C	<input type="checkbox"/>
PED 239: Physical Education Pedagogy	3		<input type="checkbox"/>
HED 200: Foundations of Health Education	2		<input type="checkbox"/>
General Education Course: Mathematics	3		<input type="checkbox"/>
EDSP 303: Introduction to Special Education	3	C	<input type="checkbox"/>
EDUC 210: Diversity, Culture & Education in Society	3	C	<input type="checkbox"/>
EDUC 210L: Clinical Experience Level I—45-hour clinical	0		<input type="checkbox"/>

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Semester 3

Course	Credits	Grade	✓
EDUC 301: Educational Technology	3	C	<input type="checkbox"/>
EDUC 305: Psychology of Teaching & Learning	3	C	<input type="checkbox"/>
EDUC 305L: Clinical Experience Level II - 45 hour clinical	0		<input type="checkbox"/>
EXSS 201: Functional Anatomy	3		<input type="checkbox"/>
EXSS 202: Foundations of Sport	3		<input type="checkbox"/>
Choose Course from List	3		<input type="checkbox"/>

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Semester 4

Course	Credits	Grade	✓
General Education Course: Natural Science (with lab)	4		<input type="checkbox"/>
PED 307: Teaching of Sport Skills & Fitness Activities	3		<input type="checkbox"/>
Choose Course from List	3		<input type="checkbox"/>
Choose Course from List	3		<input type="checkbox"/>
Choose Course from List	3		<input type="checkbox"/>

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The **Bachelor of Science in Education, Wellness PK-Adult** degree prepares teacher candidates to teach grades PK-Adult students in the areas of Health Education & Physical Education. Concord's Teacher Education Program is designed to provide teacher candidates with opportunities to gain the critical knowledge, skills, and dispositions needed to teach all children.



MILESTONE COURSES

Courses marked as Milestone Courses are crucial for staying on track to complete your degree in four years. Take them in the recommended semester to stay on track! If you see a minimum grade, this is the minimum grade required to pass the course.



LANDMARKS

Points where you see a landmark icon on the four-year plan indicate you have reached a point of action outside regular coursework! See the Helpful Hints for information on each landmark.

Course Choice List

All courses in this list will be taken prior to graduation. The order in which they are completed is flexible.

- General Education Course: Fine Arts (3)
- General Education Course: Literature (3)
- General Education Course: Humanities (3)
- General Education Course: Social Science (3)
- General Education Course: Social Science (3)
- General Education Course: Social Science (3)
- PED 117: Team Sports* (3)
- PED 118: Individual Sports in Physical Education* (3)

Helpful Hints

- Courses marked with an asterisk in the 'Course Choice List' are part of the Wellness area, and will also be counted for General Education Program coursework.
- Clinical Experiences I, II & III each require 45-hours of clinical experience in a health or physical education classroom. This is outside of course-time.
- Semester 2 landmark — Students should attend a Pre-Admission to Teacher Education Program (TEP) Seminar during this semester, but no later than semester 4
- Semester 3 & 4 Landmark — Students may apply to the Teacher Education Program (TEP) during semester 3, but must apply no later than semester 4. Note— candidates must have a 2.5 GPA to apply. [Check out the application process online!](#)

Semester 5

Course	Credits	Grade	✓
EDUC 306: Classroom Management & Instructional Strategies	3	C	<input type="checkbox"/>
EDUC 306L: Clinical Experience Level III—45 hour clinical	0		<input type="checkbox"/>
PED 402: Curriculum & Instructions for Elementary PE	3		<input type="checkbox"/>
PED 403: Curriculum & Instructions for Middle & Adolescent PE	3		<input type="checkbox"/>
HED 304: Principles of Nutrition & Weight Management	2		<input type="checkbox"/>
HED 306: Principles of Human Sexuality	3		<input type="checkbox"/>
EXSS 329: Motor Learning & Development	2		<input type="checkbox"/>

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Semester 6

Course	Credits	Grade	✓
EDUC 418: Content Area Reading	3	C	<input type="checkbox"/>
HED 303: Principles of Mental & Emotional Health	2		<input type="checkbox"/>
HED 400: Methods & Materials in Health Education	3		<input type="checkbox"/>
EXSS 315: Kinesiology & Biomechanics	3		<input type="checkbox"/>
Choose Course from List	3		<input type="checkbox"/>
Choose Course from List	3		<input type="checkbox"/>

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Year-Long Residency

Semester 7

Course	Credits	Grade	✓
EDSP 415: Co-Teaching, Consultation, & Collaboration	3	C	<input type="checkbox"/>
EDUC 416: Assessment and the Data Informed Teacher	3	C	<input type="checkbox"/>
EDUC 450: Clinical Experience Level IV	6	C	<input type="checkbox"/>

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Semester 8

Course	Credits	Grade	✓
EDUC 460: Clinical Experience Level V	12	C	<input type="checkbox"/>

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ADVISING

When you choose to pursue this degree, you will be assigned two advisors: one who is an expert in the field of Wellness and one who is an expert in the field of Education. These advisors can help you with course selection, career planning and will help you with tracking your path to degree completion.

CAREERS

Graduates of the Teacher Education Program are eligible for licensure in West Virginia, and in other states through reciprocal agreements.

COMPLIMENTARY MINORS

Students who pursue a degree in Wellness PreK-Adult may consider a pursuing a minor in Special Education. Students who receive financial aid should consult with their academic advisor(s) or the financial aid office to ensure financial aid coverage of minor courses.

Helpful Hints

- Semester 5—All education coursework from this semester forward requires TEP admission.
- Semester 6 Landmark—Students should begin taking Praxis II exams after midterm of this semester. The exams must be passed prior to Semester 8. By the end of semester 6, students must obtain all GPAs required for Residency admission, as well as meet Basic Skills Competency in Reading, Writing & Math. [Refer to admission requirements listed on the Department of Education webpage!](#)
- Semesters 7 & 8—Year-Long Residency. All education programs participate in the year-long residency model. This model enables teacher candidates to spend a year in the same classroom, with the same cooperating teacher. During Semester 7 students will be in a public school classroom 4 full days per week. During semester 8, students will be in a public school classroom 5 full days per week. Students should not enroll in additional coursework during residency.

