

## Reference

- Algeo, J. (2001) The Labyrinth: A Brief Introduction to its History, Meaning and Use. <https://www.theosophical.org/publications/quest-magazine/1276-the-layrinth-a-brief-introduction-to-its-history-meaning-and-use>.
- Billock, J. (2016). Walk the world's most meditative labyrinths. Smithsonian Magazine. <https://www.smithsonianmag.com/travel/walk-worlds-meditative-labyrinths-180957823/>.
- Bumgardner, W. (2022). The spiritual and mental health benefits of walking a Labyrinth. Verywell Fit. <https://www.verywellfit.com/walking-the-labyrinth-3435825>.
- Heard, C. P., Scott, J., & Yeo, R. S. (2015). Walking the Labyrinth: Considering mental health consumer experience, meaning making, and the illumination of the sacred in a forensic mental health setting. *Journal of Pastoral Care & Counseling: Advancing Theory and Professional Practice through Scholarly and Reflective Publications*, 69(4), 240–250. <https://doi.org/10.1177/1542305015616102>.
- Labyrinth Resource Group. (2019). About Labyrinths. <https://labyrinthresourcegroup.org/what-are-labyrinths/>.
- The Labyrinth Society. (2023). Learn About Labyrinths. The Labyrinth Society: The Labyrinth Society: Learn about labyrinths. <https://labyrinthociety.org/about-labyrinths>.
- The Labyrinth Society. (2023). Labyrinths in Places. The Labyrinth Society: The Labyrinth Society: Labyrinths in places - 4. labyrinths in University Life. <https://labyrinthociety.org/labyrinths-in-places/3262-4-labyrinths-in-university-life>.
- Mark, J. J. (2018). Labyrinth. *World History Encyclopedia*. <https://www.worldhistory.org/Labyrinth/>.
- Renye, D. (2020). Using a labyrinth as an integration tool. *Good Therapy*. <https://www.goodtherapy.org/blog/Labyrinth-as-Integration-Tool#:~:text=Labyrinths%20allow%20us%20to%20have,incredible%2C%20lived%20in%20integration%20process>.